



Supporting Caregivers: Real Stories and Expert Advice on Lung Cancer Caregiving Show Notes

Caregiving plays a crucial role in the well-being of lung cancer patients, offering significant physical, emotional, and social support. It helps patients navigate treatment, manage side effects, and maintain a sense of normalcy during a challenging time. In this podcast, we'll hear from a caregiving expert and a couple facing small cell lung cancer together. Through honest and unfiltered conversations, they explore the emotional, physical, and practical challenges of caregiving, offering insights, support, and solidarity to others walking a similar path.

Guests:

Dr. Allison J. Applebaum

Speaker bio: Allison J. Applebaum, PhD, is a clinical psychologist specializing in psycho-oncology, the field devoted to supporting the mental health of all individuals affected by cancer. She is an associate attending psychologist in the Department of Psychiatry and Behavioral Sciences at Memorial Sloan Kettering Cancer Center (MSK), and an associate professor of psychology in psychiatry at Weill Cornell Medicine in New York City. Dr. Applebaum is the founding director of the Caregivers Clinic at MSK. The Caregivers Clinic was the first of its kind and provides targeted psychosocial support to caregivers—family members and friends—of patients receiving cancer care at MSK.



- Resources:
 - [Dr. Allison Applebaum](#)
 - [Stand By Me | Book by Allison J. Applebaum | Official Publisher Page | Simon & Schuster](#)



Gail and Jim Fackler

Speaker bio: Jim Fackler is a Vietnam veteran living with small cell lung cancer. His stage 4 lung cancer has metastasized to his brain, hip, and abdomen. Right now, Jim is NED. Jim and his wife, Gail, love to travel, but treatments for his lung cancer have impacted his mobility and speech, limiting their travels for now. Gail is a full-time caregiver for Jim.



- Resources:
 - <https://lcfamerica.org/speaker-profile/jim-fackler>
 - [Small Cell Lung Cancer Clinical Trial: Jim Fackler's Journey | LCFA](#)

LCFA's mission is the improvement in survivorship of lung cancer patients through the funding of transformative science.

While raising funds to support lung cancer research, LCFA will raise the public's awareness and serve as a resource for patients or anyone seeking answers, hope, and access to updated treatment information, scientific investigation, and clinical trials.

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